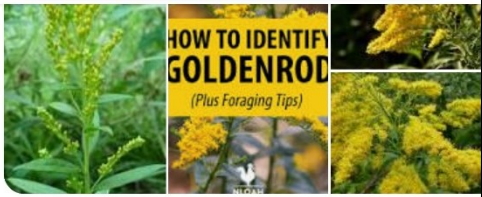


# Weekly Wild Wednesday

November 10<sup>th</sup>, 2021

*What A Week of "Appreciating Nature"*



## Edible Parts

**The flowers are edible** and make attractive garnishes on salads. Flowers and leaves (fresh or dried) are used to make tea. Leaves can be cooked like spinach or added to soups, stews or casseroles, and can also be blanched and frozen for later use in soups, stews, or stir fry throughout the winter or spring.

<https://www.ediblewildfood.com> > g...

[Goldenrod: Pictures, Flowers, Leaves & Identification | Solidago](#)



**We got our Butterfly Certification from Wild Ones for the Wild Mess In Progress-- And We found moss!**



Ruth, did you know that goldenrod plant is totally edible plus many benefits?

1:38 PM

Monday, November 8, 2021

I did not know this!! So cool!!

9:25 AM

**Iowa Natural Heritage came for a Meander Tour of Denny's Conservation Easement! Erin and Kody!**



**Linda shared Goldenrod is edible! 140 different ones, all edible & medicinal!**

**Dawn found Aspens! In Stone Park! We are pretty sure the hunters could spot us, haha!**



**Danielle picked up shrubs from the State Forest Nursery. Click any photos for more information!**





# Pat James

From the Hills of Boyd County

Menu

## Home



My artistic explorations are focused on the 600 acres of hilly rangeland I live on along the Missouri National Recreational River in Boyd County, Nebraska. It is land that demands close focus and time to fully appreciate. When I am walking in the hills and along the river, I experience a sense of being at peace, of being separate and solitary, and of being part of natural and human history. It is a place that I have come to love, but it is also a place that transcends my brief time in it through ongoing cycles of growth, decay, and regeneration.

←Loess Hills Wild Ones is hosting a weather dependent LIVE program.

Our Own Dianne says Pat James is terrific, and this program promises to inspire all of us! We can hardly wait!!!

November 14<sup>th</sup>, 2021

2-4PM at the Downtown Sioux City Library!! Please Join Us!

Masks are required (we will have extras)



Doing an invasive species cutting day with a local youth group today.

←Jake the Park Ranger helped introduce this youth group to Invasive Removal in Stone State Park! Thanks, Jake!



Image Author: ©2013 sonnia hill  
License: Author's permission  
[Image Source](#)

Common Names --  
western marbleseed  
false gromwell  
eastern prairie marbleseed  
soft-hair marbleseed

This was the plant in your pasture I couldn't think of!

MMS  
8:00 AM

8:01 AM

Cool!!!

←Dawn found Prairie Marbleseed in the pastures at the 'Once and Future Prairie'!!


And Danielle sent this FIRST YEAR BLOOM from September of her Pale Purple Coneflower!

Click photos for more information!



This was on 9/22. Two grasshoppers doing the love stare!! Lol!!







MISSOURI 2021  
BICENTENNIAL

## Contemporary Art & Prairie

A panel discussion:  
Julie Farstad  
Keli Mashburn  
Erin Wiersma  
Carol Davit

And here are some fantastic bad weather indoor activities!

### Winter Webinar Series

December 2021




Join us this winter for a variety of webinars that will expand your knowledge and allow you to connect with experts from across the field. All events are free and open to the public, but registration is required.

**Exploring the Life of Iowa's Bumble Bees with Sarah Nizzi**— December 8, 7-8 p.m. —Iowa is home to roughly 400 native bee species, 14 of which are bumble bees. Bumble bees are critical to our agricultural and ecological systems. In this webinar you will learn about bumble bee biology, ecology, and identification, as well as how to support bumble bees and techniques for tracking bumble bee populations through community science platforms.

**Beekeeping 101 with Randall Cass**— December 13, 7-8 p.m. —There are many great reasons to become a beekeeper! Honey bees are fascinating animals! For some people it is a rewarding hobby and for others it can develop into a small business. Randall Cass, the ISU bee extension specialist, will offer an overview of what it takes to become a beekeeper. What kind of equipment do you need? Where can you keep bees? Is it profitable? Will you get stung? (The answer to the last one is YES!)

**Monarch Habitat in the Home Garden & Landscape with Donald Lewis**— December 21, 6-7 p.m. —Declines in the number of monarch butterflies that began over two decades ago have led to increased interest in what Iowans can do to help. What have you done for butterflies and pollinators lately? What more could you do? What more should you do? These and other questions and issues will be explored by Dr. Donald Lewis, ISU Extension and Outreach Entomologist. Be sure to bring your insect-related observations, anecdotes, and questions for the Q&A.

**Master Gardener Program**  
[www.extension.iastate.edu/mastergardener](http://www.extension.iastate.edu/mastergardener)





This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to [www.extension.iastate.edu/diversity](http://www.extension.iastate.edu/diversity). ADV. 20.04 July 2020

**IOWA STATE UNIVERSITY**  
Extension and Outreach

## Seed Sowing 101 - Free Online Tutorial

November 18 @ 5:30 PM - 6:00 PM

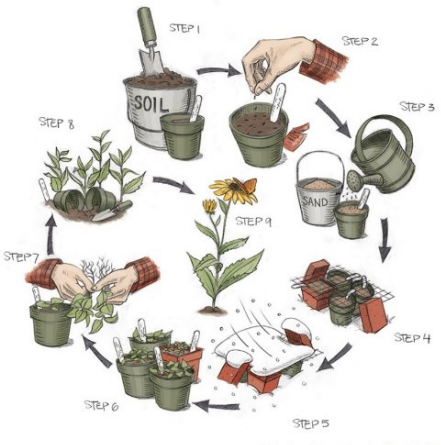


Illustration by Jada Fitch


Sarah sent us this fabulous opportunity for a Winter Webinar Series! And she is one of the presenters! Grow Sarah! →

←Maine Wild Seed Project has this class!

Bill shared the Podcast below for a great listen on Finding Solace- 8 minutes! Thanks, Bill! Keep 'em coming!


### Nick Offerman on why he finds solace in the outdoors

October 23, 2021 · 8:02 AM ET  
Heard on Weekend Edition Saturday



SCOTT SIMON

8-Minute Listen




KIOS On Air Now OPEN ^

And Three Rivers outlined all the reasons we should think about keeping a Nature Journal! Click photos for links!

**Three Rivers**  
PARK DISTRICT

← BLOG ARCHIVE



the joy of nature journaling  
by: cora williams

I found the following story on the NPR iPad App

Nick Offerman on why he finds solace in the outdoors by Scott Simon

NPR - [October 23, 2021](https://www.npr.org/2021/10/23/1048423442/nick-offerman-outdoors-book?sc=ipad&f=1001)

The actor and author has a new book, *Where the Deer and the Antelope Play*. He talks with NPR's Scott Simon about why walking in the woods makes him feel better and how to experience nature in a city.

<https://www.npr.org/2021/10/23/1048423442/nick-offerman-outdoors-book?sc=ipad&f=1001>

*Wishing you a week filled with "Appreciation of Nature"*



# Wild Ones<sup>®</sup>

NATIVE PLANTS, NATURAL LANDSCAPES

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## LOESS HILLS



Map underwritten by [plantinseeds.org](http://plantinseeds.org)