11No Dig Fall P re

o **No Dig Fall/Winter Preparation for Spring Planting**

**1. Save and flatten cardboard boxes, removing the plastic tape.**

**2. Lay down a hose in the shape of the garden you prefer.**

**3. Either spray paint the shape around the hose, or leave the hose in place as you lay out cardboard.**

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**4. Lay out the cardboard, brown side up, inside the shape you created.**

**5. Cover 2-4 inches deep with mulch of your choice. Leaves, lawn clippings, wood chips, bark, whatever you prefer.**

**6. Edge- if you like- with any edging material of choice. Logs, bricks, concrete edgers, lawn edging with a shovel or-- anything!**

**6. Add a bird bath, rock, or a piece of garden art if you choose. 7. Water thoroughly -if Nature is not doing this for you-- and wait until Spring to plant right THROUGH the cardboard. The cardboard acts a biodegradable weed barrier and turns the grass into natural compost in several weeks.**